



CERTIFICATE IN COUNSELLING & PSYCHOTHERAPEUTIC SKILLS AND PRACTICES

Certificate in Dublin April 2019

ICHAS will be commencing the Certificate in Counselling & Psychotherapeutic Skills and Practices this October at Griffith College, South Circular Road, Dublin **Thursday 18th April 2019** and will be completed over a 10 week period (6pm – 10pm) - subject to a viable cohort

The Certificate in Counselling & Psychotherapeutic Skills & Practice has been specifically designed for those who want to develop key foundation-level counselling skills. The certificate is an ideal introduction to the world of counselling and psychotherapy, offering participants the opportunity to explore this growing profession in Ireland teaching general counselling skills that will benefit people in both their personal and professional lives. This programme is a 10 ECTS (NFQ) module and is one module from the first year of our degree programme. You will receive a College record of Credits on successful completion of the module.

Duration: 10 Weeks (6.00-10.00pm)

NFQ Credits: 10ECTS

Course Content will include:-

| | | |
|---|--|--|
| Characteristics of effective counselling | The helping relationship and the culture of helping | The therapeutic/working alliance |
| The value of respect and genuineness | Attending, listening and understanding communication | Paraphrasing, clarifying and summarising communication |
| Questioning Skills within the client relationship | Goal setting within the client relationship | Reflecting content and feeling |

Scheduled Class Dates are as follows: *

| | | | | |
|------------------------------------|------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|
| Thursday 18th April 2019 | Thursday 25th April 2019 | Thursday 02nd May 2019 | Thursday 09 th May 2019 | Thursday 16th May 2019 |
| Thursday 23 rd May 2019 | Thursday 30 th May 2019 | Thursday 06 th June 2019 | Thursday 13 th June 2019 | Thursday 20 th June 2019 |

Fees:

Fees for the Module are €795.00 + €50 Examination Fee. Upon successful completion of the programme, you will obtain 10 ECTS credits on the National Framework of Qualifications. This module is 10 credits from the first year of the BA in Counselling Skills and Psychotherapy/Addiction/Youth Studies within ICHAS College and successful participants on the certificate programme have the option to progress on to the BA degree programmes at the College. Should you wish to proceed with the ICHAS Degree Programme, tuition fees for this degree will be reduced, pro-rata (€500.00) by the course fee paid to obtain the Certificate in Counselling & Psychotherapeutic Skills and Practices 1. Students would also be exempt from class attendance for this module on the B.A. Programmes.

To proceed with an application for this programme, please apply online at www.griffith.ie/apply. Deposit can be paid at <https://secure.gcd.ie/jm-studetails.php#contactaccounts>

Applications can also be returned:- By email to shortcourses@griffith.ie or posted to Griffith College Short Courses Department, Griffith College, South Circular Road, Dublin 8.

Closing Date for Applications: Friday 11th April 2019

See further information at: <https://www.griffith.ie/faculties/short-courses/courses/certificate-counsellingand-psychotherapeutic-skills-and-practices> or please contact Tony at ICHAS at tony.obrien@ichas.ie or on 061216288

*Scheduled course dates and times may be subject to change.



www.ichas.ie

Limerick Campus

ICHAS (Irish College of Humanities and Applied Sciences)
Walton House, Lonsdale Road,
National Technology Park, Castletroy, Limerick
Tel: 061 216288 Email: info@ichas.ie
Website: www.ichas.ie

Dublin Campus

Griffith College,
South Circular Road, Dublin 8
Tel: 01 4150429
Email: shortcourses@griffith.ie
Website: www.griffith.ie